

Table 3

Cochrane RoB 2.0 tool results for risk of bias identification. Domain 1: randomization process; Domain 2: deviations from intended interventions; Domain 3: missing out data; Domain 4: measurement of outcome; Domain 5: selection of reported results.

STUDY	DOMAIN 1	DOMAIN 2	DOMAIN 3	DOMAIN 4	DOMAIN 5	OVERALL
<b>ADAPTION</b>						
Balshaw et al., 2022 (4)	Low	Low	Low	Low	Low	Low
Centner et al., 2019 (6)	Low	Low	Low	Low	High	Some concerns
Jendricke et al., 2019 (21)	Low	Low	Low	Low	Low	Low
Jendricke et al., 2020 (22)	Low	Low	Low	Low	Low	Low
Jerger et al., 2022 (24)	Low	Low	Low	Low	Low	Low
Kirmse et al., 2019 (27)	Low	Low	Low	Low	Low	Low
Oertzen-Hagemann et al., 2019 (36)	Low	Low	Low	Low	Low	Low
Zdzieblik et al., 2021 (50)	Low	Low	Low	Low	Low	Low
Lis et al., 2022 (29)	Low	Low	Low	Low	Low	Low
Nunez-Lisboa et al., 2021 (35)	Low	Low	Low	Low	Low	Low
<b>RECOVERY</b>						
Clifford et al., 2019 (9)	Low	Low	Low	Low	Low	Low
Prowting et al., 2020 (41)	Low	Low	Low	Low	Low	Low
Rindom et al., 2016 (43)	Low	Low	Low	Low	Low	Low