

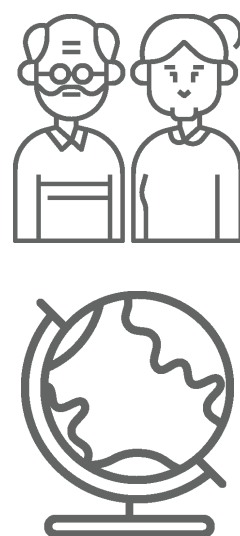
Comparing Recent Multinational Consensus Guidelines with the Latest Consensus from the European Working Group on Sarcopenia in Older People



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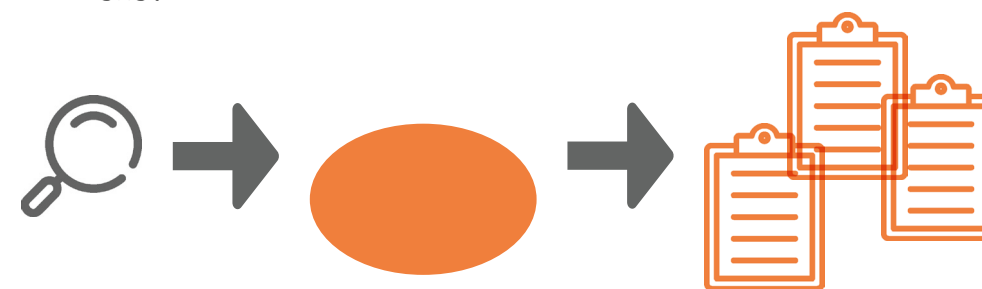
OBJECTIVES

- To present definitions of sarcopenia, diagnostic tools and criteria as well as recommended therapeutic measures.
- To identify similarities and differences between recent multinational consensus guidelines and the latest consensus from the European Working Group on Sarcopenia in Older People (EWGSOP2).



METHODS

- Systematic literature search in the PubMed database.
- Finally, three additional multinational consensus guidelines were included for analysis.



KEY FINDINGS

PATHWAY

EWGSOP2 consensus provides a “Find-Assess-Confirm-Severity” pathway.

SIMILARITIES AND DIFFERENCES

Consensus papers show both similarities and differences with regard to the underlying disease construct, screening procedures, diagnostic thresholds, and therapeutic recommendations.

ATTRIBUTES

Differences are attributable to methodological considerations and population-specific factors, such as ethnic differences in body composition, different lifestyles, and different healthcare infrastructures.

CHALLENGES

These differences highlight the challenges inherent in efforts to achieve international harmonization through a global initiative.

