

Author Checklist for GJSM paper

The title is coherent and concise

For original studies, the study design is placed at the end of the title after a colon if possible, e.g. "Recommendations for Return-to-Sport after COVID-19: Expert Consensus"

Configuration of manuscripts:

The manuscript has been formatted to include all of the following sections:

Title page – Summary – Problems and Objectives/Aims – Material and Methods – Results – Discussion– Acknowledgement – Summary Box (is divided into two short sections, each with 1-3 short sentences, without reference citations) -
 References – Figures and Tables

Special details for manuscripts:

Title page: author/s, institution or division, English title, German subtitle (may be submitted later) and short title (max. four words)

- Corresponding author's address (Phone number, academic degree and position and an institutional e-mail address). Full address and email address must be provided for the corresponding author only
- The name and institution of each author
- Word count of manuscript; Word count of summary

ICMJE forms: <https://www.icmje.org/disclosure-of-interest/> (International Committee of Medical Journal Editors) for all authors are submitted with the article

English Summary:

- Word count is maximally 230
- The manuscript has been formatted to include all of the following sections:
 Problem/Objective - Methods/Design - Outcomes/Main Results - Conclusions -
 Registration of the study - registry and number (for clinical trials and, if available, for observational studies and systematic review - 4 to 5 keywords

Main body of the manuscript:

- **Introduction** describes the publication's intention, to present the current scientific knowledge and to declare the publications' aims
- **Material and Methods:**
- Reporting guidelines for main study types are met (Equator Network: <https://www.equator-network.org/>)
- **Results:**
- Results are presented as text, graphically or in tables
- Structured description of results
- Units are presented according to SI-classifications (except: mmHg): (1/min, mmol/l, mg/l)
- Confidence intervals are written in the format (e.g. 15 to 27) within parentheses, using the word "to" rather than a hyphen
- P-values are always accompanied by supporting data, and the decimal places of the percentages are indicated

Discussion:

- The results are discussed and not recapitulated
- Unclear or contradictory aspects and references from the literature are highlighted
- Conclusions for practical studies are presented separately

Acknowledgement and Indications of Support and Cooperation: The manuscript includes all of the following (if there is information available):

- Funding: indicate funding in "Acknowledgments (and References to Support and Collaboration)" (or a statement that there was none); statement of researcher's independence from funders. Include grant numbers, if possible.
- Competing Interests: Disclosure must be in the following form: *"All authors have completed the ICMJE Uniform Disclosure Form at www.icmje.org/coi_disclosure.pdf and declare: no support from any organization for the submitted work [or describe, if any]; no financial relationships with organizations that may have an interest in the submitted work in the past three years [or describe, if any]; no other relationships or activities that may have influenced the submitted work [or describe, if any]."*
- Ethical approval: Details of ethical approval (ID of ethics committee approval and name of ethics committee/IRB) or a statement that such approval was not required. If copyrighted materials, instruments, or supplies were used, include a line that reads, "We certify that we have obtained the appropriate permissions and paid all required fees for the use of copyrighted materials."
- Data sharing: Information on how to obtain additional data from the study (e.g., "Technical appendix, statistical code, and dataset available from corresponding author at <email address or URL>" or "No additional data available").

References:

- Only literature that appears in the text is listed in the bibliography
- The bibliography is arranged with the names of the main authors (or, if no author is available, with organization/institution) in alphabetical order and numbered consecutively
- In the text, the bibliographic references are indicated with Arabic numerals
- The author's last name is listed first, followed by the abbreviated first name. The full title of the paper is given first, followed by the international abbreviation of the journal, the year of publication, the volume of the journal and the number of pages

Article:

- Hiatt WR, Regensteiner JG, Wolfel EE, Carry MR, Brass EP. Effect of exercise training on skeletal muscle histology and metabolism in peripheral arterial disease. *J Appl Physiol* 1996; 81: 780-788.

Book:

- Poortsmans JR. Effects of long lasting exercise and training on protein metabolism, in: Howald H, Poortsmans JR (Ed): *Metabolic adaptations to prolonged physical exercise*. Birkhäuser Verlag, Basel, 1975, 212-226.

Online:

- Duarte E, Silva HG, Vital R. Aspects of sports injuries in athletes with visual impairment. *Rev Bras Med Esporte*. 2011; 17: 319-323. [15 April 2024]. <https://www.scielo.br/j/rbme/a/P8nwtCJSJGbkXMsryLWhSbk/?format=pdf&lang=en>